



We need YOUR help!

Shelters of Saratoga is in need of supplies

We provide food and shelter for up to 19 individuals daily and serve hundreds of homeless individuals each year. Please consider donating one or several of the items listed below so we can continue to help those most in need within our own community.

- Canned vegetables
- Canned fruit
- Canned cream soup
- Canned tuna
- Fresh meat or poultry
- Milk or milk cards
- Creamer (powdered)
- Cheese (ricotta, mozzarella, parmesan, American)
- Pasta & rice
- Peanut butter & jelly
- Multi-grain and low-sugar cereal
- Sugar & flour
- Ketchup, mustard, mayonnaise, salad dressing
- Salt & pepper
- Bread crumbs
- Cooking oil
- Butter & margarine
- Fruit juice
- Instant drinks (iced tea & lemonade)
- Spaghetti sauce & canned tomatoes
- Paper products (toilet paper & paper towels)
- 30 gallon garbage bags
- Dishwasher detergent
- Dish detergent
- Powdered laundry detergent
- Clorox wipes
- Hand soap
- New pillows
- New or gently used twin sheets & twin blankets
- New bath towels & washcloths
- Umbrellas
- New or gently used Backpacks
- Personal care items
- Tylenol & Ibuprofen
- Toothpaste & toothbrushes
- Men's razors
- Men's & Women's new socks & underwear
- New or gently used Winter boots

shelters of saratoga



Shelters of Saratoga ~ 14 Walworth Street, Saratoga Springs, NY ~ 581-1097
www.sheltersofsaratoga.org

